

October 27 - 31

2025

MIDDLE SCHOOL

ALL MEALS INCLUDE SALAD BAR, SOUP, STEAMED RICE, DELI & DESSERTS

Produce of the Month:

Pumpkin



Fun Pumpkin Facts

- Every part of the pumpkin is edible
- The word pumpkin derives from the Greek word pepon
- They are 92% water

27 Monday	28 Tuesday	29 Wednesday	30 Thursday	HAPPY Halloween
BISTRO GARDEN	BISTRO GARDEN	BISTRO GARDEN	BISTRO GARDEN	BISTRO GARDEN
F	Meatloaf with Baked Potato Bar and All the Fixings	Caribbean Jerk Chicken with Dirty Rice	Fresh Market Salad and Broccoli Cheddar Quiche	Mummy Dogs and Mummy Vegetarian Dogs
A	BURGERLAND	BURGERLAND	BURGERLAND	BURGERLAND
L	Egg McMuffin	Sourdough Burger	BBQ Pulled Pork Burger	Bloody Mary Burger
L	TASTE OF ITALY	TASTE OF ITALY	TASTE OF ITALY	TASTE OF ITALY
	Beef Bolognese	Italian Roast Pork	Shrimp Scampi	Cajun Chicken Pasta
	MEXICAN FIESTA	MEXICAN FIESTA	MEXICAN FIESTA	MEXICAN FIESTA
B	Bean and Veggie Tostada	Al Pastor	Maui Fish Taco	Vampire Tamales
R	GF ZONE	GF ZONE	GF ZONE	GF ZONE
E	gf Soy Sauce Chicken (See Yao Gai)	gf Crying Tiger Beef with Nam Jim Jaew	gf Herb Roasted Chicken Thighs	gf Chili Red Vietnamese Caramelized Pork
A	VEGGIE CAFE	VEGGIE CAFE	VEGGIE CAFE	VEGGIE CAFE
K	gf Kale and Quinoa Veggie Bowl	gf Tofu Adobo	gf Jeow Mak Len (Spicy Loa Tomato Sauce)	gf Beet Root Sabzi

Gluten Free Options Upon Request or
Check out the Gluten Free Zone

Vegetarian

Produce of the Month

